#### Study on CMU Undergraduates' Satisfaction with UC Athletic Facilities

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# **Research Question**

#### Question

- How do CMU undergraduates' use and feel about the UC athletic facilities?
- Which facilities used most?
- Which facilities need improvement?



Sample

Results

Conclusions

- Demographic questions
- Basic physical activity level
- Wait time
- Cleanliness
- Check-in process
- Process to reserve rooms/courts

How would you describe your physical activity level? (This includes playing sports, lifting weights, jogging, etc.)
 Inactive (do not work out at all)

\_\_\_\_ Very Low (work out less than 1 hour per week)

Low (work out 1-2 hours per week)

\_\_\_\_ Moderate (work out 3-5 hours per week)

\_\_\_\_ High (work out 5-7 hours per week)

\_\_\_\_ Very High (work out 7+ hours per week)

• Please select the answer that you feel is best:

The facility(ies) that you use are clean.

Strongly Agree
Agree
Neutral
Disagree
Strongly Disagree
N/A

• Have you spent time waiting to use any of the following machines or facilities? Or have you been unable to use any of the following machines or facilities because they were already being used? Please select all that apply.

 Weights
Treadmill
Elliptical
Racquetball/Squash Courts
 Basketball Gymnasium
Pool/Diving Board
Activities Room
Have never had to wait
Other. Please list:

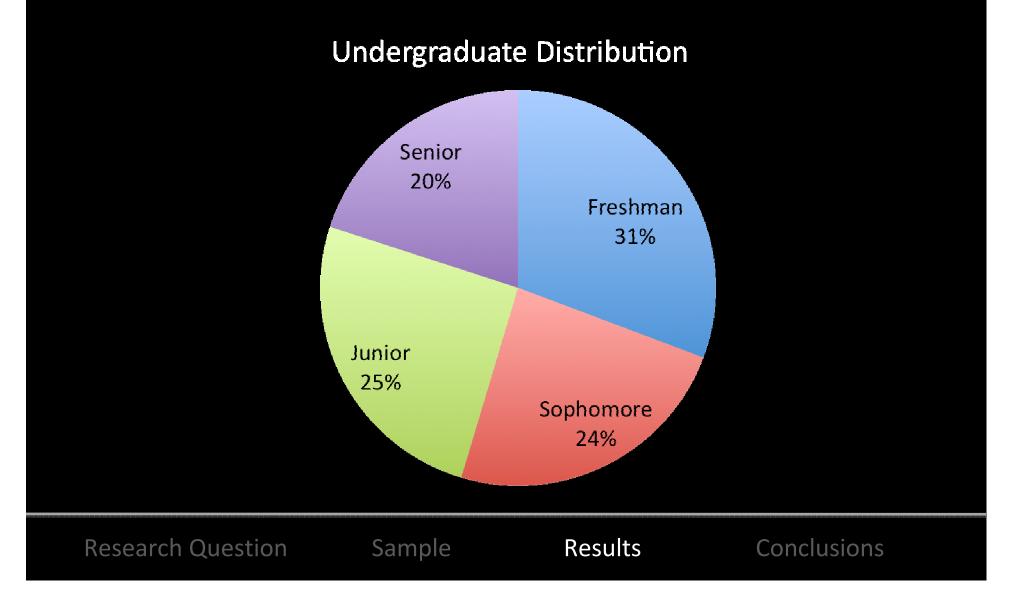
# Sample Selection

- All CMU Undergraduates
- Sampling frame = CBook
- Sample size
  - Margin of error = 5.5%
  - Sample Size needed = 301 students
  - Expected response rate: 25%
  - Emailed 1,320 undergraduates
  - Received = 303 responses

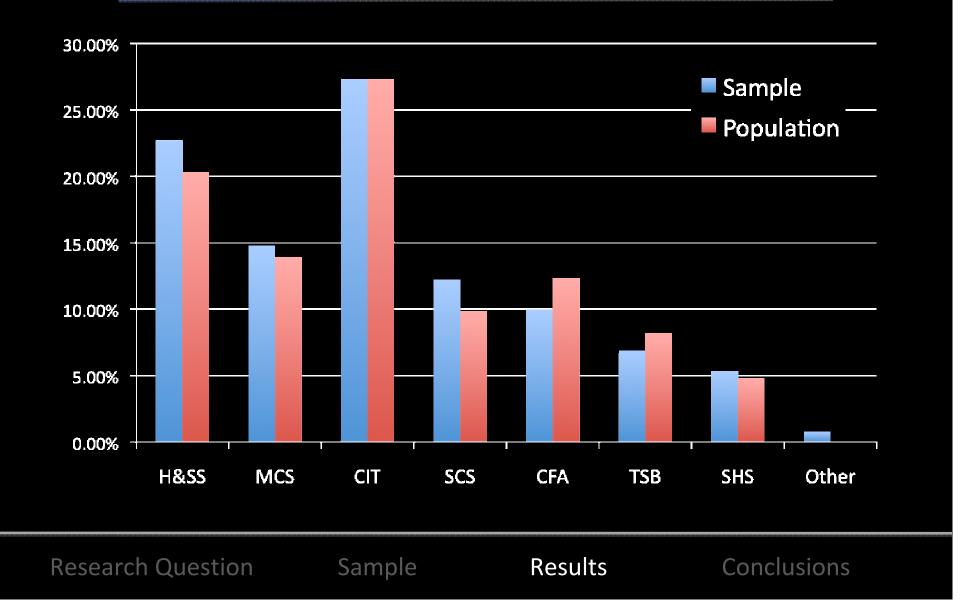
# **Results from Sample**

- Sent one initial email and one reminder email (10 days later)
- 303 students responded
  - 386 viewed
  - 354 started

#### Demographic Data: Academic Year



#### Demographic Data: Academic Department



#### Housing (On campus vs. Off campus)

• Our Survey:

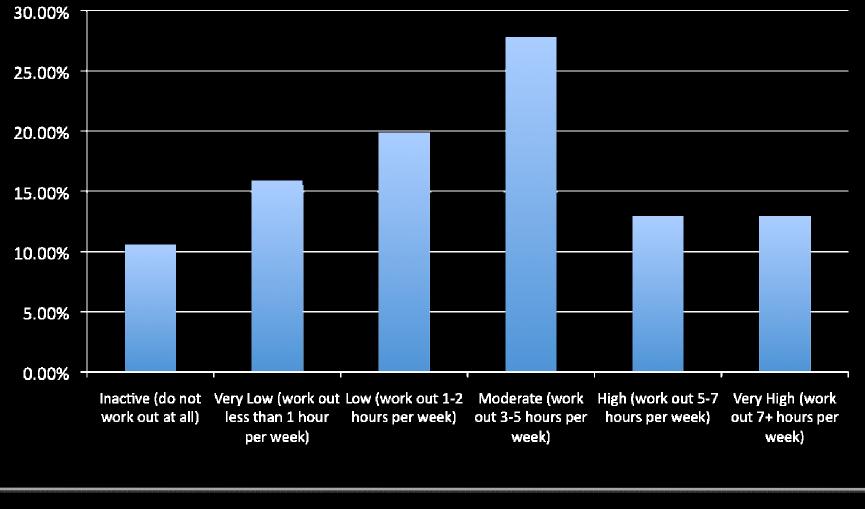
On campus – 65.47% Off campus – 34.53%

• Actual Statistics:

On campus - 3771/5892 = 64.0% Off campus - 2121/5892 = 35.99%

Source: CMU Institutional Research & Analysis website

## Weekly Activity Level



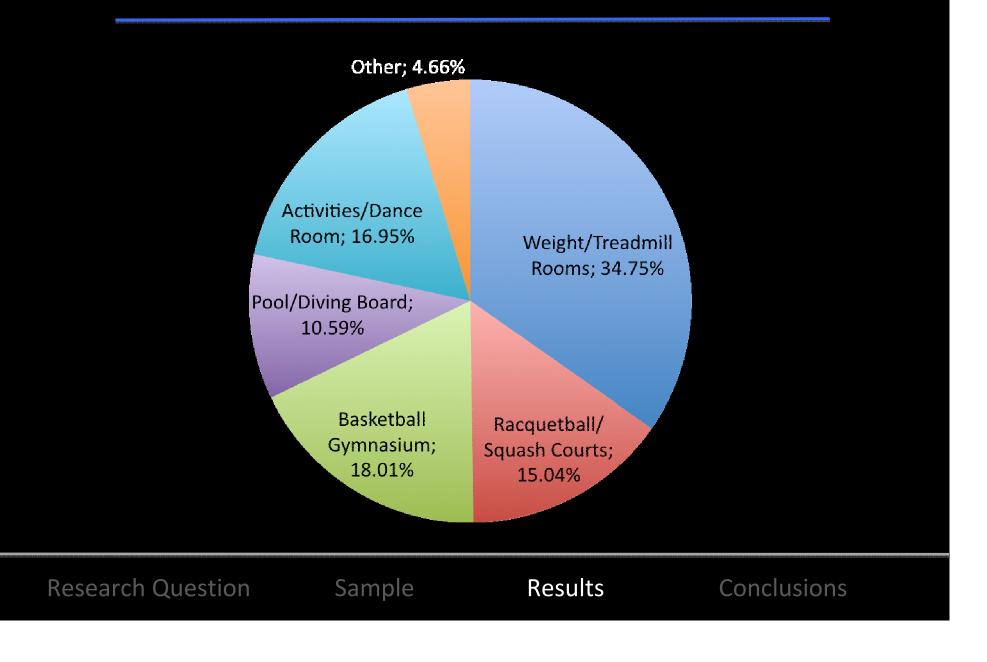
**Research Question** 

Sample

Results

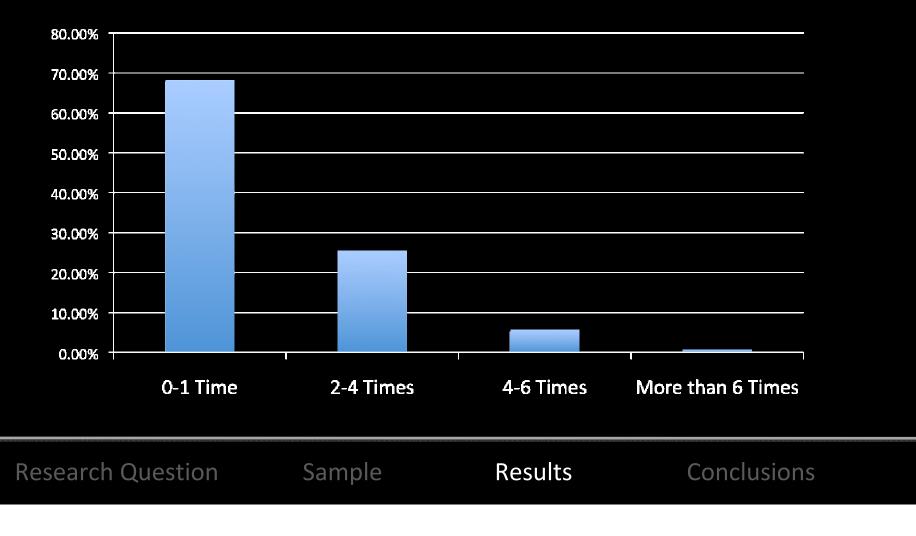
Conclusions

#### Facility Use Throughout Semester

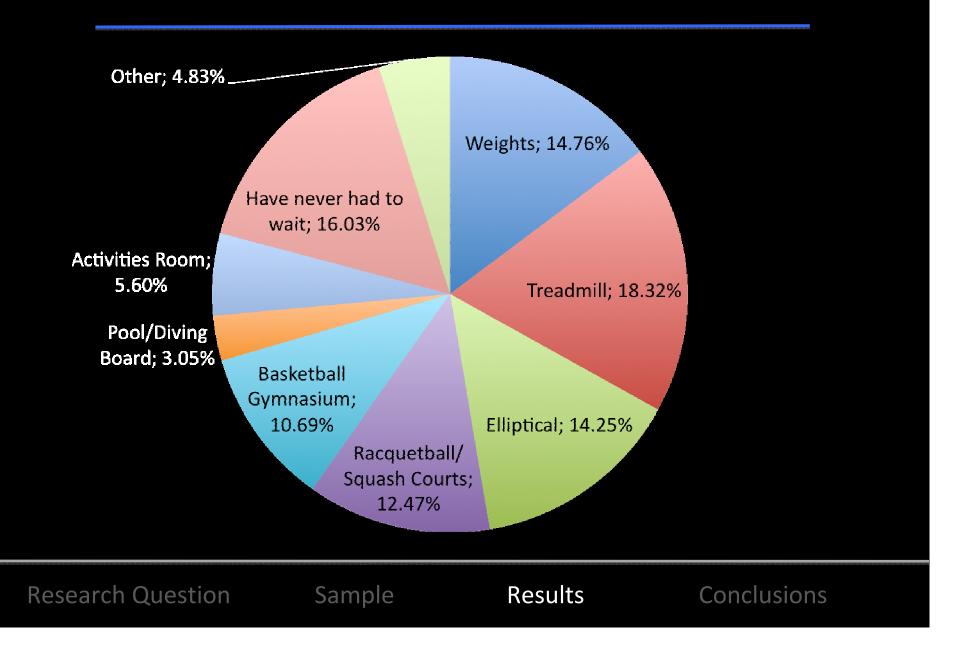


## Weekly Facility Use

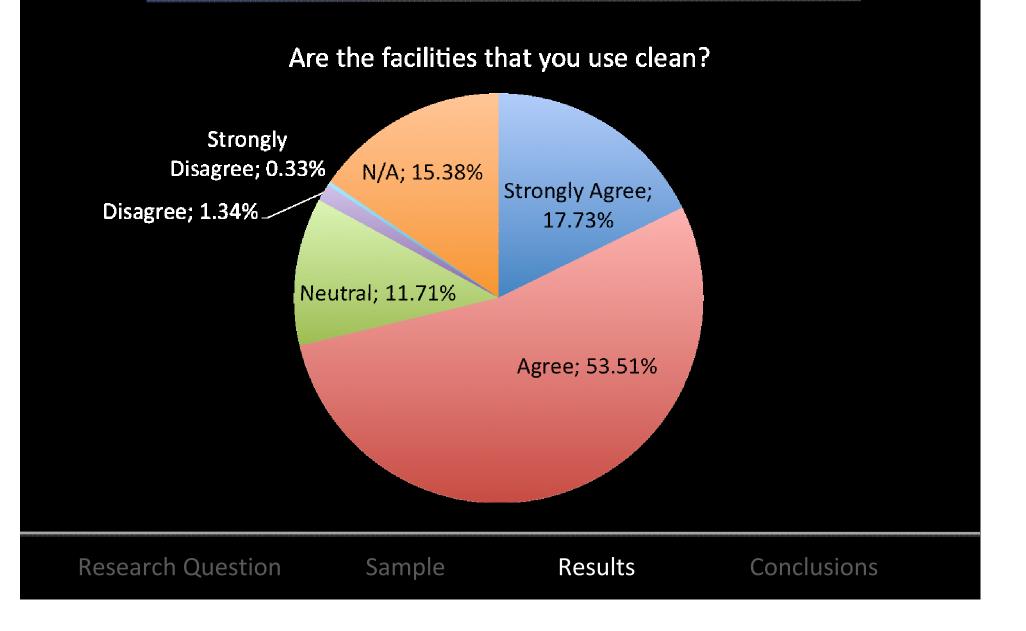
In the past week, how many times did you use a UC athletic facility (including courts and gyms)?

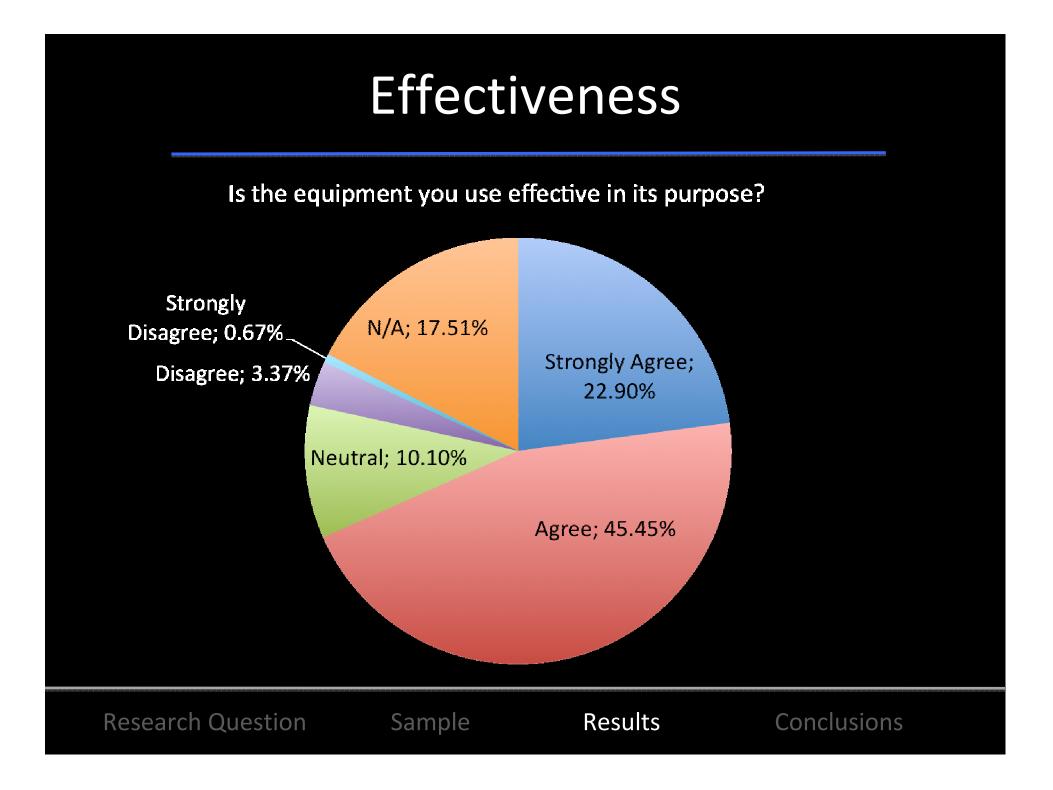


#### Wait Time



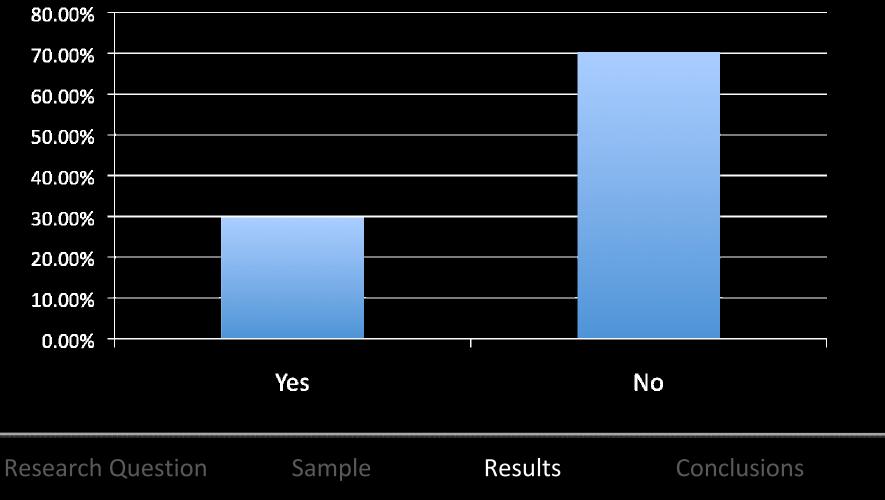
# Cleanliness



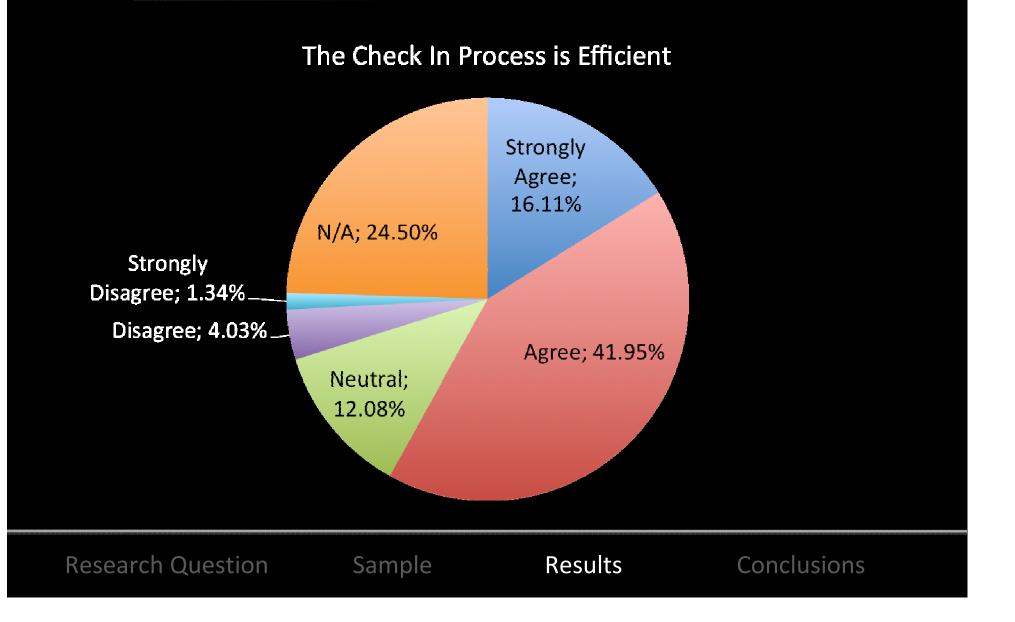


#### **Facility Reservations**

Have you ever rented/reserved a specific facility space in the UC?



#### Check-In Process



## **Check-In Process Recommendations**

- Problems
  - Inefficient
    - Recommendation:
      - Card-Swiping mechanism at door
  - Waste of Resources
    - Recommendation:
      - Stickers on clothes
      - Reusable bands

# What people like the most

- Location
- Cleanliness of facility
- Times
- Effectiveness of Equipment
- Variety
- "There are more girls there than Skibo"

# Issues and Concerns

- Condition of equipment
  - Upgrade older equipment
- Small size
  - Not enough space
    - Basketball courts
    - Wait time for machines
- Lack of entertainment
  - Increase number of TVs
  - Speaker system